The Washington State Association for The Treatment of Sexual Abusers

Presents

The WATSA 2012 Conference

**Spring Research
Evaluation & Treatment Conference**

RESORT SEMIAHMOO
Blaine, Washington

February 24 — 26, 2012

Washington
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Reminder: You are responsible for making your own hotel reservations

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ATSA
Making Society Safer

The Association for
The Treatment of Sexual Abusers
Washington Chapter, Conf. Address
3516 So. 47th St., Ste. 103 A
Tacoma WA 98409

WATSA
Spring Conference

For further information, Contact:

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Please post!

Agenda...

Friday
February 24, 2012

11:00 - 1:00 PM
Registration

1:00—1:15 PM
Conference Welcome
  WATSA President

1:15 - 5:30 PM

**Jennifer Wheeler, Ph.D. &
Christmas Covell, Ph.D.**
*Recidivism Risk Reduction Therapy (3RT):
The Application of Dialectical Behavior
Therapy to Sex Offense Treatment*

Summary
Recidivism Risk Reduction Therapy (3RT) is a
treatment model for targeting dynamic risk factors
for sexual offense recidivism, using existing
cognitive-therapy approaches, such as Dialectical
Behavior Therapy (DBT). We will describe how
dynamic risk factors can be assessed in the
context of treatment planning and progress
monitoring, and provide suggestions for targeting
these risk factors in therapy. Specifically, we will
demonstrate how DBT skills training techniques
can be used to target dynamic risk factors for
sexual offense recidivism.

3:15 - 3:45 PM
Break

6:00 - 7:00 PM
**No Host Bar - Pre-conference
            Area**

7:00 - 8:30 PM
Dinner (Provided for all participants)

Saturday
February 25, 2012

7:30—9:00 AM
Continental Breakfast
    (Provided for all participants)

9:00 AM—5:30 PM

David Prescott, LICSW
*How to Motivate Clients who have
Sexually Abused to Engage in Treatment*

Summary
Review of relevant research findings and
controversies within them (i.e. what to make of
outcome-study controversies and seemingly
contradictory findings).

Key barriers to engagement in treatment

Preventing treatment failure: Three empirically
grounded strategies for identification of at-risk
cases and clinical triage

9:00—Noon **Morning Session**

10:15 - 10:45 AM **Break**

12:00—1:15 PM **Lunch**
  (Provided for all Participants)

Afternoon session
1:30 - 5:30 PM

Motivational enhancement and interviewing:
New developments and findings.

Case examples, demonstration, and discussion.

Using motivational interviewing in group therapy.

Other applications as needed (e.g., a structured
group therapy experience blending motivational
enhancement and the good lives model).

Break
3:00 - 3:30 PM

**Dinner on your own**

Sunday
February 26, 2012

8:00 AM
Continental Breakfast
    (Provided for all participants)

9:00 - Noon

Problem Solving Panel

*Do You have Ethical Dilemmas or
Burning Clinical Problems or Questions?
Need Consultation?
Come ask Our Experts.*

Panel Members:

Timothy Kahn, MSW

Jeff Cohen, JD

Megan Carter, Ph.D.

Michael O'Connell, Ph.D., MSW.

10:00 - 10:15 AM
 Break

12:00 PM
Conference Closes
(3 hrs. Ethics CEUs will be given for the
workshop. Attendees must be present the
full time to receive the credit.)

Presenters...

David Prescott, LICSW
Mr. Prescott is the Director of Professional Development and Quality
Improvement for the Becket Family of Services in Northern New England. He is
the author and editor of eight books, a recent booklet, and numerous chapters
and articles related to people who have sexually abused. He has presented on
these topics around North America and in Europe. Mr. Prescott is a past
president of the Association for the Treatment of Sexual Abusers (ATSA), and
edited that organization's newsletter, "The Forum" from 2002-2007; he currently
serves as its Review Editor. He currently contributes to NEARI's newsletter,
alongside Steve Bengis and Joan Tabachnick. He received NAPN's "Bright
Lights" award at the 2007 conference in Albuquerque and is on the International
Advisory Board of the *Journal of Sexual Aggression*. Mr. Prescott is a Certified
Trainer for the International Center for Clinical Excellence and a member of the
Motivational Interviewing Network of Trainers.

Jennifer Wheeler, Ph.D.
Dr. Wheeler received her doctorate in Clinical Psychology from the University of
Washington, with specialized training in the evaluation and treatment of human
sexual behavior, including sexual offense behavior. She received pre- and
post-doctoral training in criminal and civil forensic evaluations of adults and
juveniles. She has worked in institution-based treatment settings in Washington
State, including Echo Glen Children's Center, Twin Rivers Sex Offender
Treatment Program, and the Special Commitment Center. Currently
Dr. Wheeler maintains a private practice in clinical and forensic psychology in
Seattle, WA. She has published numerous articles and chapters on a variety of
psychology topics, including forensic psychology, sexual behavior, and couple
therapy. Website: www.drwheeler.community.officelive.com.

Christmas Covell, Ph.D.
Dr. Covell received her doctorate from the University of Nebraska-Lincoln in
2002, specializing in forensic psychology. Her work has focused on performance
of psycho-legal evaluations and treatment of individuals with sexual behavior
problems. She has published a number of articles in the areas of
multiculturalism, threat assessment, characteristics and management of sex
offenders, and ethics in the practice of forensic psychology, and has presented
on these topics at national and local professional conferences. Dr. Covell
presently provides forensic evaluation, clinical consultation, and treatment
services for adults in her private practice in Tacoma, WA.

Megan Carter, Ph.D.
Dr. Carter graduated from Pacific University in Forest Grove, OR following her
pre-doctoral internship at Western State Hospital. She then completed a
post-doctoral fellowship at the Special Commitment Center through the
University of Washington. She has worked as a forensic evaluator at the SCC
since 2008 completing Annual Reviews of sexually violent predators. She also
maintains a small private practice. Her areas of interest include the assessment
and treatment of sex offenders as well as child welfare issues.

Timothy Kahn, MSW
Mr. Kahn is a nationally recognized clinician and trainer in the field of sexual
offender treatment. His well-known books, Pathways and his new book for
parents, Healthy Families, are serving as a model for the treatment process in
programs across the country. His guided workbook, Roadmaps, also provides a
framework for the treatment of young children with sexual behavior problems.
Mr. Kahn served as a member and as the chairman of the Washington State Dept.
of Health Sex Offender Treatment Provider Advisory Committee from 1990 to
1998, which developed evaluation and treatment standards and licensing require-
ments for sex offender treatment providers in Washington State. He has been
instrumental in development of training and treatment programs in Washington
and British Columbia, and he regularly consults with a number of residential
treatment programs and foster care agencies in the Pacific Northwest. He has
served as an expert witness in numerous cases involving sexual misconduct and
sexual offenders, educator and professional misconduct, and sexual offender
treatment. He currently maintains a private clinical and consultation practice in
Bellevue, Washington where he evaluates and treats children, adolescents and
adults with sexual behavior problems.

Jeff Cohen, JD
Jeffrey Cohen is a criminal defense lawyer who has been in private practice for
more than thirty years. In the course of his career, he has handled cases
ranging from simple misdemeanors to the aggravated murder. For the past
twenty years, his practice has focused almost exclusively on representing
individuals charged with sexual assault and possession of child pornography.

Prior to entering law school, Jeff attended graduate school in cellular/molecular
biology. Because of his background, Jeff is often asked to participate in cases
involving DNA analysis. In his spare time, Jeff likes to juggle; a useful activity
for a criminal defense lawyer.

Michael O'Connell, Ph.D., MSW.
Dr. O'Connell's introduction to social service work began in 1974, when he
served as director of a Navy Correctional Center – i.e. the brig. He got his
MSW from the University of Washington, intending to continue his career in
correctional administration, but lost his way and ended up as a therapist doing
inpatient substance abuse treatment. He began a private practice in 1980. In
1981, desperate for referrals, he began to work with sex offenders
(note element of dry humor, here.) He continues that work, today. Along the
way he earned a Ph.D. in Counseling Psychology at the University of
Washington, including doing research on using polygraph testing with sex
offenders. He co-authored a book, "Working With Sex Offenders" which
outlines standards of practice for community-based treatment of sex offenders.

Goals

WATSA is the Washington chapter of The Association for the Treatment of Sexual Abusers, ATSA.

ATSA is an international organization focused specifically on the prevention of sexual abuse through effective management of sex
offenders and is strongly committed to the following goals:

- The elimination of sexual victimization.
- The protection of our communities through responsible and ethical treatment of sex offenders.
- The prevention of sexual assault through effective management of sex offenders.
- The maintenance of high standards of professionalism and integrity within its membership.